# **December 11, 2013**

Once you've wrestled, everything else in life is easy -Dan Gable



## THANK YOU:

We want to thank all of our OYC families that have helped out with the snack stand, gym breakdown and table help. Without your help our club would not be what it is. Thank you for all of your effort!

## **QUAKERTOWN WRESTLERS COME OUT STRONG**

QYC had a great start to the season this past weekend. The Blue Varsity and JV teams wrestled very well at West Bethlehem. Varsity won 67-22 and JV lost a tough battle 25-39. Our exhibition wrestlers looked very promising against a **OYCB - 67** formidable West **WB - 22** 

Our wrestlers continued to sharpen their skills at our Shane Leister Tournament on Sunday. Many trophies were taken home. We are very proud of every wrestler that walked onto the mat this weekend!

The Blue team will carry their momentum into Phillipsburg this weekend as they will face both Phillipsburg and East Side Youth Center. The White team

step on the mat for the first time against West Bethlehem this Sunday. Arrival times and additional details are below. We look forward to seeing all of our wrestlers continue to progress both on and off the mat this season.

\* All questions and / or concerns should be directed to a coach or board member. Please email us at qycwrestling@yahoo.com.



## **DATES TO REMEMBER:**

12/12- Groups 1 & 2 practice

12/13- Group 3 practice

12/14- Open

12/15- WHITE- W. Bethlehem

(Home) / BLUE- Phillipsburg

(Away)

Bethlehem squad.

12/16- Group 3 practice

**12/17-** Groups 1 & 2 practice

12/18- Group 3 practice

**12/19-** Groups 1 & 2 practice

12/20- Group 3 practice

### **UPCOMING WHITE MATCH:**

W. Bethlehem - Sun, 12/15

Quakertown High School

Arrival for all- 8:30AM

### **UPCOMING BLUE MATCH:**

Phillipsburg / ESYC -Sun, 12/15

Phillipsburg Firth Youth Center

108 Anderson Street. Phillipsburg, NJ 08865

Arrival for all- 11:00AM